

Acclaimed US presenter

Steven Stosny Returns to Australia in 2010

Imago Relationships Australia

Proudly Presents a

**Three Day Workshop for Professionals on
“The Compassion Power Model of Working With Violence”**

Melbourne: Thursday, 7th to Saturday, 9th October, 2010 from 9:30am- 4:30pm
Venue: Queens College, Lade Room, Melbourne University,
College Crescent, Parkville

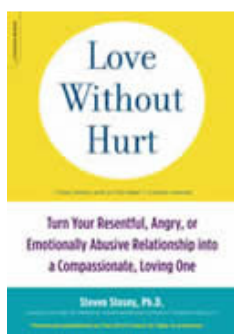
Early Bird Fee: \$660 (inc GST) for 3 days, by September 1st

Regular Fee: \$699 (inc GST) for 3 days

Package Deal: \$5,500 (inc GST) for 10 people from a Community agency by Sept.1st

Dr Stosny has worked with over 6,000 clients using Compassion Power

Turn Resentment, Anger, Verbal Abuse, or Emotional Abuse into Compassion



The first Compassion Power program began in 1988, to treat domestic violence and child abuse offenders.

Using a new technology of emotional transformation, the program greatly improved the personal and community behaviour of court-ordered offenders.

Compassion Power programs quickly expanded to treat non-violent but unhappy relationships, with equal success.

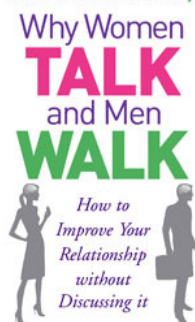
CPE credits available for SW, Psychologists and General Practitioners

Public Lecture

“How to Improve your Relationship Without Talking About It”

Dr. Pat Love only presenting

Patricia Love and Steven Stosny



Melbourne: Wednesday, 6th October, 2010 from 6:30–8:30pm

Venue: St. Michael’s Centre Main Hall
120 Collins Street, Melbourne

Sydney: Friday, 15th October, 2010 from 7-9pm

Venue: North Sydney Community Centre
220 Miller Street, North Sydney

Early Bird Fee: \$77 (inc GST) for 2 people by September 1st

Regular Fee: \$44 (inc GST) per person

Book by Pat Love and Steven Stosny

For further enquiries and bookings: Contact **Imago Relationships Australia**

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Websites: www.imagoaustralia.com.au and www.compassionpower.com

Steven Stosny PhD – 2010 Workshops

Professionals Workshop: “Compassion Power Model”

Melbourne: Thursday 7th, Friday 8th & Saturday, 9th October 2010

Confronting clients with our superior values will not change behaviour. Rather, we can most efficiently help them by appealing to their own deepest values. This workshop shows how to use the deepest values of clients to prevent chronic resentment, anger, emotional abuse and family violence. You will learn to teach clients how to recondition their emotional systems. With practice they will build a conditioned response to switch from the earliest manifestations of devaluing motivations – withdrawing or attacking – into valuing motivations – improving, appreciating, connecting or protecting. The core program is effective for active Family Violence offenders and for preventing future ones.

Learning Objectives

Participants will be able to:

- Distinguish incompatible response from anger management techniques
- Distinguish problem anger from other forms of anger
- Describe some of the cognitive impairments that occur during anger arousal
- Use the Core Value Bank to help clients make transition from devalued to valuing states
- Begin the practice of HEALS, which needs to be rehearsed for several weeks
- Use compassion for loved ones to regulate abusive impulses

Public Lecture: Melbourne: Wednesday, 6th October, 2010
Sydney: Friday, 15th October, 2010

“How To Improve Your Relationship Without Talking About It.”

The standard remedy for couples in trouble is “better communication”. But couples often get into a vicious cycle in which she communicates her fear of isolation and anxiety, stimulating feelings of inadequacy and shame, which he tries to numb with passive or active aggression. If the couple doesn't understand the unconscious, interactive dynamic, their attempts at communication will simply provoke and reinforce the same negative pattern. In this public lecture, you will learn how to break these destructive cycles, particularly the stalemate between angry female criticism and defensive male withdrawal, using methods based on the latest research into gender differences. You will leave knowing how to shift the focus from fruitless attempts at verbal communication to emotional connection.